

GET A KIT



MAKE A PLAN

STAY INFORMED

Keep written contact information with you at all times. Use this form to write down your family's emergency plan. Post a copy where family members can see it, and put a copy in your emergency kit.

During an emergency, it's often easier to reach family or friends who live out of town.



Out-of-town contact:

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.....
.....

Call or text #:

1

.....

2

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Email:

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.....

Where can you reach your family during an emergency?



Workplace and phone:

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School and phone:

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Workplace and phone:

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School and phone:

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Decide on a meeting place if you cannot return to your home.



Neighborhood meeting place and phone:

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Out-of-town meeting place and phone:

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Doctor:

Phone:

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Veterinarian:

Phone:

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Insurance:

Phone:

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Medication:

Dosage:

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Prescribing doctor:

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Medication:

Dosage:

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Medication:

Dosage:

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Prescribing doctor:

Prescribing doctor:

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Download the Ready Virginia app



www.ReadyVirginia.gov

Download the free Ready Virginia app for alerts and more information.